



# FALL PROTECTION INSPECTION CHECKLIST

Description: \_\_\_\_\_ Model #: \_\_\_\_\_  
Serial #: \_\_\_\_\_ Date of Manufacture: \_\_\_\_\_  
Inspector: \_\_\_\_\_ Date Inspected: \_\_\_\_\_  
Inspector Signature: \_\_\_\_\_

## Full Body Harnesses

	Yes	No	N/A
1. All labels are present, legible, and securely attached	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Nylon webbing is free of cuts, burn marks, and chemical damage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Webbing is free of tears, broken fibers, frayed edges, and pulled stitches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Buckles are not deformed or cracked, and will operate correctly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. All grommets are secure and not deformed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Harness webbing has no additional holes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. All rivets are tight and not deformed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Tongue/straps show no excessive wear from repeated buckling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Lanyard/Shock-Absorbing Lanyard

	Yes	No	N/A
1. Nylon webbing is free of cuts, abrasions, burn marks, and chemical damage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Webbing is free of tears, broken fibers, frayed edges, and pulled stitches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Wire rope lanyard is free of cuts, frayed areas, and unusual wearing patterns	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Shock absorber pack is free of burn holes and tears	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Shock absorber pack stitching is free of loose strands, rips, and deterioration	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Flag on shock-absorbing lanyard has not been activated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. D-rings are free of excessive wear, pits, deterioration, cracks, and sharp edges	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. D-rings pivot freely	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Self-Retracting Lanyards

	Yes	No	N/A
1. Body has no visible physical damage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. All back nuts or rivets are tight	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Nylon strap is free of any burns, kinks, knots, and excessive wear	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Nylon strap is free of tears, broken fibers, frayed edges, and pulled stitches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Nylon strap retracts freely	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Unit was tested to verify that the locking mechanism is operating correctly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Tie-Off Anchorages (D-Ring & Cross Arm Straps, Beam Attachments)

	Yes	No	N/A
1. Tie-off adaptor is free of cuts, abrasions, burn marks, and chemical damage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Tie-off adaptor is free of tears, broken fibers, frayed edges, and pulled stitches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Tie-off adaptor is free of signs of deterioration, heat damage, and stretching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Unit was tested to verify that the locking mechanism is operating correctly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. D-rings are free of excessive wear, pits, deterioration, cracks, and sharp edges	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. D-rings pivot freely	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>